Notification of Transactions by Persons Discharging Managerial Responsibilities and Persons Closely Associated with them

[This form is required for disclosure of transactions under Article 19 of Regulation (EU) No 596/2014 of the European Parliament and of the Council of 16 April 2014 on market abuse (Market Abuse Regulation)]

| 1 | Details of the person discharging managerial responsibilities/person closely associated | | |
|----|---|---|--|
| a) | Name | Mr. David Brabazon | |
| | | | |
| 2 | Reason for the noti | fication | |
| a) | Position/status | Director | |
| b) | Initial Notification Amendment | Initial Notification | |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | | |
| a) | Name | Mainstay Medical International plc (the "Company") | |
| b) | LEI | 635400IUPSOZ26H56Y03 | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | |
| a) | Description of the financial instrument, type of instrument Identification code | Share options over Company Ordinary Shares ISIN IE00BJYS1G50 | |
| b) | Nature of the transaction | Grant of share options over Company Ordinary Shares to Mr. Brabazon pursuant to the Company's 2014 Share Option Plan, on 13 December 2016 | |

Managers' Transactions

| c) | Price(s) and volume(s) Aggregated | Price(s) The exercise price relating to the share options is €15.50 in accordance with the Company's 2014 Share Option Plan | Volume(s) 5,700 |
|----|---|--|-----------------|
| Ξ, | information — Aggregated volume — Price | Not Applicable | |
| e) | Date of the transaction | 13 December 2016 | |
| f) | Place of the transaction | Not Applicable | |
| g) | Additional Information | None | |