

## Mainstay Medical Announces Date for Full Year Results

**Dublin – Ireland, 16 March 2017** – Mainstay Medical International plc (“Mainstay” or the “Company”, Euronext Paris: MSTY.PA and ESM of the Irish Stock Exchange: MSTY.IE), a medical device company focused on bringing to market ReActiv8®, an implantable restorative neurostimulation system to treat disabling Chronic Low Back Pain (“CLBP”), announces that it will release its 2016 Full Year Results on Thursday 23 March 2017 at 07:00am GMT.

Peter Crosby, Chief Executive Officer and Hugh Kavanagh, Chief Financial Officer, will host a conference call and Q&A for analysts and investors at 12:30pm GMT (1:30pm CET, 8:30am EST) on the day. The call will be conducted in English and a replay will be available for 30 days.

Dial-ins for the call are outlined below:

Europe: + 44 203 139 4830

Ireland: + 353 1 696 8154

France: + 33 2 9092 0977

USA: + 1 718 873 9077

Participant PIN: 75508149#

The results press release will be available on the “Investors” section of the Mainstay Medical website at: <http://www.mainstay-medical.com/en/investors>

During the conference call, there will be an opportunity to ask questions. Instructions for this will be provided at the start of the call. Questions for the conference call are welcomed in advance via e-mail to [investor-relations@mainstay-medical.com](mailto:investor-relations@mainstay-medical.com)

- End -

### About Mainstay

Mainstay is a medical device company focused on bringing to market an innovative implantable restorative neurostimulation system, ReActiv8®, for people with disabling Chronic Low Back Pain (CLBP). The Company is headquartered in Dublin, Ireland. It has subsidiaries operating in Ireland, the United States, Australia and Germany, and its ordinary shares are admitted to trading on Euronext Paris (MSTY.PA) and the ESM of the Irish Stock Exchange (MSTY.IE).

### About Chronic Low Back Pain

One of the recognised root causes of CLBP is impaired control by the nervous system of the muscles that dynamically stabilise the spine in the low back, and an unstable spine can lead to back pain. ReActiv8 is designed to electrically stimulate the nerves

responsible for contracting these muscles and thereby help to restore muscle control and improve dynamic spine stability, allowing the body to recover from CLBP.

People with CLBP usually have a greatly reduced quality of life and score significantly higher on scales for pain, disability, depression, anxiety and sleep disorders. Their pain and disability can persist despite the best available medical treatments, and only a small percentage of cases result from an identified pathological condition or anatomical defect that may be correctable with spine surgery. Their ability to work or be productive is seriously affected by the condition and the resulting days lost from work, disability benefits and health resource utilisation put a significant burden on individuals, families, communities, industry and governments.

Further information can be found at [www.mainstay-medical.com](http://www.mainstay-medical.com)

*CAUTION – in the United States, ReActiv8 is limited by federal law to investigational use only.*

**PR and IR Enquiries:**

**Consilium Strategic Communications (international strategic communications – business and trade media)**

Chris Gardner, Mary-Jane Elliott, Jessica Hodgson, Hendrik Thys  
Tel: +44 203 709 5700 / +44 7921 697 654  
Email: [mainstaymedical@consilium-comms.com](mailto:mainstaymedical@consilium-comms.com)

**FTI Consulting (for Ireland)**

Jonathan Neilan  
Tel: +353 1 663 3686  
Email: [jonathan.neilan@fticonsulting.com](mailto:jonathan.neilan@fticonsulting.com)

**NewCap (for France)**

Julie Coulot  
Tel: +33 1 44 71 20 40  
Email: [jcoulot@newcap.fr](mailto:jcoulot@newcap.fr)

**AndreasBohne.Com/Kötting Consulting (for Germany)**

Andreas Bohne  
Tel: +49 2102 1485368  
Email: [abo@andreasbohne.com](mailto:abo@andreasbohne.com)

**Investor Relations:**

**LifeSci Advisors, LLC**

Brian Ritchie  
Tel: + 1 (212) 915-2578  
Email: [britchie@lifesciadvisors.com](mailto:britchie@lifesciadvisors.com)

**ESM Advisers:**

**Davy**

Fergal Meegan or Barry Murphy  
Tel: +353 1 679 6363  
Email: [fergal.meegan@davy.ie](mailto:fergal.meegan@davy.ie) or [barry.murphy2@davy.ie](mailto:barry.murphy2@davy.ie)